



FOCUS MEDICAL
EYE CENTRE

TREATING YOUR DRY EYES

IPL – Intense Pulsed Light Therapy



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TREATING YOUR DRY EYES

IPL – Intense Pulsed Light Therapy

This is a newer service offered at Focus Medical Eye Centre.

IPL is a non invasive and painless therapy that involves applying a series of light pulses around the eyelids and cheek which:

- Stimulates the parasympathetic nerve that control the glands involved in tear production improving dry eye symptoms
- Improves tear quality by improving the meibum (oily part of the tears) quality and clearing obstructions within the glands
- Slows damage / atrophy to the glands
- Reduces inflammation and Demodex load (eyelash parasites) to the face and eyelids
- A lasting effect (several months)

Benefits to you

- Improved quality of life
- Reduction in dry eye symptoms from the first session
- Neuropathic pain relief
- Improved contact lens comfort
- Reduced inflammatory markers improving tolerance to other drops
- Effective treatment for Demodex Blepharitis
- Improves fine lines around the eyes

Treatment Costs:

A full course of IPL involves 4 sessions as IPL has a cumulative effect. The cost is **£600 for the full 4 sessions** or **£200 per session** which is more for top-up sessions after the initial treatment has been completed.

A dry eye assessment may be required ahead of treatment to determine suitability as some patient types are excluded or unlikely to benefit from IPL.

For more details please enquire with the Focus Medical Eye Centre team on
01323 442062 or email **info@focusmedicaleyecentre.co.uk**